Park Center Fall Pool Schedule 2008

Effective: September 2, 2008; Updated: December 6, 2008

LEISURE POOL

ADULT TIME

Monday - Friday	
5:00am-11:00am	Adult Time*
Saturday	
7:00am-9:00am	Adult Time*

OPEN PLUNGE

Monday & Wednesday	
11:00am-5:50pm	Open Plunge (12pm Toys/3pm Slide)
7:00pm-9:45pm	Open Plunge (Toys & Slide)
Tuesday & Thursday	
11:00am-3:50pm	Open Plunge (12pm Toys/3pm Slide)
7:00pm-9:45pm	Open Plunge (Toys & Slide)
Friday	
11:00am-9:45pm	Open Plunge (12pm Toys/3pm Slide)
Saturday	
12:00pm-6:45pm	Open Plunge (Toys & Slide)
Sunday	
9:00am-1:45pm	Open Plunge (Toys & Slide)

PROGRAMMING

Aqua Fit Classes	
8:30am-9:30am	Aqua Fit T/TH***
9:00am-10:00am	Easy Does It MWF***
6:00pm-7:00pm	Aqua Fit MW***
Swim Lessons	
4:00pm-7:00pm	Swim Lessons T & TH
9:00am-12:00pm	Swim Lessons SAT

POOL CHECKS

Leisure Pool checks every hour during open plunge

Pool will be cleared for 10 minutes

Please take children to the restroom, and change diapers during this time .

Lifeguards will check pool chemistry & water quality

COMPETITION POOL

LAP SWIM

Monday - Friday	
5:00am-6:30am	Lap Swimming M-F (8 Lanes)
8:00am-11:30am	Lap Swimming M-F (3 lanes)**
11:30am-3:00pm	Lap Swimming M-F (5 lanes)
7:00pm-8:00pm	Lap Swimming M-F (2 lanes)**
9:00pm-9:45pm	Lap Swimming M-F (2-5 lanes)
Saturday	
8:30am-6:45pm	Lap Swimming (5 lanes)
Sunday	
9:00am-1:45pm	Lap Swimming (5 lanes)

NO LAP LANES

3:00pm-6:00pm	MONDAY, WEDNESDAY, FRIDAY
6:00pm-7:00pm	MONDAY-THURSDAY
7:00pm-9:00pm	WEDNESDAY**
7:00am-8:30am	SATURDAYS**

PROGRAMMING

Monday - Friday	
6:30am-8:00am	MHS Swim M-F (8 lanes)**
3:00pm-4:30pm	MHS Swim M-F (8 lanes)**
4:30pm-6:00pm	MAC M-F (6 lanes)**
5:00pm-6:00pm	Pre-Comp MWF (3 lanes)**
7:00pm-8:30pm	Water Polo 101 H (3 lanes)**
4:30pm-6:40pm	Swim Lessons TH (1 lane)
8:45am-9:45am	Deep Water Class MWF (3 lanes)
6:00pm-7:00pm	Deep Water Class TH (3 lanes)**
6:00pm-7:00pm	Master's Swim MW (4-5 lanes)**
6:30pm-7:30pm	Master's Swim TH (4 lanes)**
7:00pm-9:00pm	Scout Merit Badge W (2 lanes)
7:30pm-9:30pm	Master's Water Polo W (6 lanes)
7:30pm-9:00pm	Youth Water Polo H (6 lanes)
Saturday	
7:00am-8:30am	MHS Swim (8 lanes)**
9:00am-12:00pm	Swim Lessons (2 lanes)

POOLS INFORMATION

* Adults Only (18+years) in Leisure Pool

***Bubble Couch will be off during Aqua Fit Classes

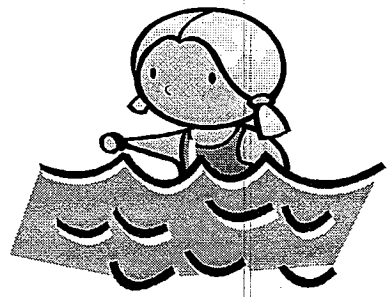
Children under 6 must be accompanied in the water by an adult at ALL times.

** Limited lap lanes available during these times

If availability permits, lap swimmers may be able to circle-swim or share lanes at the discretion of the coach/supervisor.

Children under 3 and any children not toilet trained must wear swim diaper and waterproof pants.

All swimmers must take a cleansing shower before entering any swimming water.



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PARKS & RECREATION