

SUNDAY

The Park Center Aquatics Schedule

SUNDAY

Time	Leisure Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM										5:00 AM
6:00 AM										6:00 AM
7:00 AM										7:00 AM
8:00 AM										8:00 AM
9:00 AM	Facility Closed	Facility Closed								9:00 AM
10:00 AM										10:00 AM
11:00 AM										11:00 AM
12:00 PM										12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM										3:00 PM
4:00 PM										4:00 PM
5:00 PM										5:00 PM
6:00 PM										6:00 PM
7:00 PM										7:00 PM
8:00 PM										8:00 PM

LAP SWIMMING ETIQUETTE

Note: Our pools are for multiple uses. Activities including: Aqua Fit, Swim Teams, Groups, Rentals, and Lessons may restrict lane availability. When limited lap lanes are available, lanes must be shared with other lap swimmers. If two or more swimmers share a lane, circle swimming must be used.

Effective Date:
9/25/22

PLEASE NOTE

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You may be asked to move/change/share lanes to better accomidate pool programming.

MONDAY

The Park Center Aquatics Schedule

MONDAY

Time	Activity Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM	Adult Only Time 5:30AM - 10AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	5:00 AM
6:00 AM										6:00 AM
7:00 AM		MHS Swim Team (A-Days ONLY) 7AM-8:30AM								7:00 AM
8:00 AM										8:00 AM
9:00 AM							Aqua Fit-Deep 8:45AM - 9:45AM			9:00 AM
10:00 AM	Open Plunge 10AM - 5:50PM (Slide will turn on at 10AM; Toy structure will turn on at 12PM)	Lap Swim 8:30AM-3PM	Lap Swim 8:30AM-3PM	Lap Swim 8:30AM-3PM	Lap Swim 8:30AM-3PM	Lap Swim 8:30AM-3PM	Lap Swim 9:45AM - 3PM	Lap Swim 9:45AM - 3PM	Lap Swim 9:45AM - 3PM	10:00 AM
11:00 AM										11:00 AM
12:00 PM										12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM			MHS Swim Team/Water Polo 3PM - 4:30PM							
4:00 PM		MAC Swim Team/Tiger Sharks 4:30PM - 6PM / 6:15PM								4:00 PM
5:00 PM										5:00 PM
6:00 PM	Aqua Fit-Shallow 6PM - 7PM									6:00 PM
7:00 PM	Open Plunge 7PM-8:45PM	Lap Swim 6:15PM - 8:45PM	Lap Swim 6:15PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	7:00 PM
8:00 PM										8:00 PM

LAP SWIMMING ETIQUETTE

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TUESDAY

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TUESDAY

Time	Leisure Pool	Competition Pool								Time																
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8																	
5:00 AM	Adult Time 5:30AM - 10AM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	5:00 AM																
6:00 AM										6:00 AM																
7:00 AM										7:00 AM																
8:00 AM	Aqua Fit-Shallow 7:45AM - 8:45AM 9AM - 10AM									Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	8:00 AM								
9:00 AM																		9:00 AM								
10:00 AM	Open Plunge 10AM - 4PM (Slide will turn on at 10AM; Toy structure will turn on at 12PM)																	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	10:00 AM
11:00 AM																										11:00 AM
12:00 PM																										12:00 PM
1:00 PM		1:00 PM																								
2:00 PM		2:00 PM																								
3:00 PM		MHS Swim Team 3PM - 4:30PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM																	Lap Swim 5:30AM - 3PM
4:00 PM	4:00 PM																									
5:00 PM	Programming 4PM - 7PM	Swim Lessons 4PM - 7PM								MAC Swim Team 4:30PM - 6PM		MAC Youth Water Polo 14U 4:30PM - 5:45PM 12U/10U 5:15PM - 6:25PM				5:00 PM										
6:00 PM										6:00 PM																
7:00 PM	Open Plunge 7PM - 8:45PM	Lap Swim 7PM - 8:45PM								Lap Swim 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim 6:30PM - 8:45PM	Lap Swim 6:30PM - 8:45PM	Aqua Fit-Deep 6:30PM - 7:30PM			7:00 PM									
8:00 PM														8:00 PM												
8:00 PM		Lap Swim 7PM - 8:45PM								Lap Swim 6PM - 8:45PM	Lap Swim 6PM - 8:45PM	Lap Swim 6:30PM - 8:45PM	Lap Swim 6:30PM - 8:45PM	Lap Swim 7:30PM - 8:45PM	Lap Swim 7:30PM - 8:45PM	Lap Swim 7:30PM - 8:45PM	8:00 PM									

LAP SWIMMING ETIQUETTE

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WEDNESDAY

The Park Center Aquatics Schedule

WEDNESDAY

Time	Activity Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM	Adult Only Time 5:30AM - 10AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	Lap Swim 5:30AM - 7AM	5:00 AM
6:00 AM										6:00 AM
7:00 AM		MHS Swim Team (A-Days ONLY) 7AM-8:30AM								7:00 AM
8:00 AM										
9:00 AM							Aqua Fit-Deep 8:45AM - 9:45AM			9:00 AM
10:00 AM	Open Plunge 10AM - 5:50PM (Slide will turn on at 10AM; Toy structure will turn on at 12PM)	Lap Swim 8:30AM-3PM	Lap Swim 8:30AM-3PM	Lap Swim 8:30AM-3PM	Lap Swim 8:30AM-3PM	Lap Swim 8:30AM-3PM	Lap Swim 9:45AM - 3PM	Lap Swim 9:45AM - 3PM	Lap Swim 9:45AM - 3PM	10:00 AM
11:00 AM										11:00 AM
12:00 PM										12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM										3:00 PM
4:00 PM									4:00 PM	
5:00 PM									5:00 PM	
6:00 PM	Aqua Fit-Shallow 6PM - 7PM						MHS Water Polo Games 3PM - 8:30PM			6:00 PM
7:00 PM	Open Plunge 7PM-8:45PM									7:00 PM
8:00 PM										8:00 PM

LAP SWIMMING ETIQUETTE

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THURSDAY

The Park Center Aquatics Schedule

THURSDAY

Time	Leisure Pool	Competition Pool								Time																
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8																	
5:00 AM	Adult Time 5:30AM - 10AM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	5:00 AM																
6:00 AM																										
7:00 AM																										
8:00 AM	Aqua Fit-Shallow 7:45AM - 8:45AM 9AM - 10AM									Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	8:00 AM								
9:00 AM																										
10:00 AM	Open Plunge 10AM - 4PM (Slide will turn on at 10AM; Toy structure will turn on at 12PM)																	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	10:00 AM
11:00 AM																										
12:00 PM																										
1:00 PM																										
2:00 PM																										
3:00 PM		MHS Swim Team 3PM - 4:30PM																								3:00 PM
4:00 PM	Programming 4PM - 7PM	Swim Lessons 4PM - 7PM	MAC Swim Team 4:30PM - 5:45PM		MAC Youth Water Polo 14U 4:30PM - 5:45PM 12U/10U 5:15PM - 6:25PM				4:00 PM																	
5:00 PM																										
6:00 PM	Open Plunge 7PM - 8:45PM	Lap Swim 7PM - 8:45PM	Lap Swim 5:45PM - 8:45PM	Lap Swim 5:45PM - 8:45PM	Lap Swim 6:30PM - 8:45PM	Lap Swim 6:30PM - 8:45PM	Aqua Fit-Deep 6:30PM - 7:30PM			6:00 PM																
7:00 PM							Lap Swim 7:30PM - 8:45PM	Lap Swim 7:30PM - 8:45PM	Lap Swim 7:30PM - 8:45PM																	
8:00 PM			Lap Swim 7:30PM - 8:45PM	Lap Swim 7:30PM - 8:45PM	Lap Swim 7:30PM - 8:45PM	8:00 PM																				

LAP SWIMMING ETIQUETTE

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FRIDAY

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FRIDAY

Time	Activity Pool	Competition Pool								Time								
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8									
5:00 AM	Adult Only Time 5:30AM - 10AM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 8:45AM	Lap Swim 5:30AM - 8:45AM	Lap Swim 5:30AM - 8:45AM	5:00 AM								
6:00 AM																		
7:00 AM																		
8:00 AM	Aqua Dance 8AM-9AM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 8:45AM	Lap Swim 5:30AM - 8:45AM	Lap Swim 5:30AM - 8:45AM	8:00 AM								
9:00 AM	Adult Only Time 9AM - 10AM									Aqua Fit-Deep 8:45AM - 9:45AM			9:00 AM					
10:00 AM	Open Plunge 10AM - 8:45PM (Slide will turn on at 10AM; Toy structure will turn on at 12PM)									Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 5:30AM - 3PM	Lap Swim 9:45AM - 3PM	Lap Swim 9:45AM - 3PM	Lap Swim 9:45AM - 3PM	10:00 AM
11:00 AM																		
12:00 PM																		
1:00 PM																		
2:00 PM																		
3:00 PM		MHS Swim Team 3PM-4:30PM																3:00 PM
4:00 PM		MAC Swim Team/Tiger Sharks 4:30PM - 6PM / 6:15PM																4:00 PM
5:00 PM		MAC Swim Team/Tiger Sharks 4:30PM - 6PM / 6:15PM																5:00 PM
6:00 PM	Lap Swim 6:15PM-8:45PM	Lap Swim 6:15PM-8:45PM	Lap Swim 6PM-8:45PM	Lap Swim 6PM-8:45PM	Lap Swim 6PM-8:45PM	Lap Swim 6PM-8:45PM	Lap Swim 6PM-8:45PM	Lap Swim 6PM-8:45PM	Lap Swim 6PM-8:45PM	6:00 PM								
7:00 PM																		
8:00 PM																		

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SATURDAY

The Park Center Aquatics Schedule

SATURDAY

Time	Leisure Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM										5:00 AM
6:00 AM										6:00 AM
7:00 AM	Adult Only Time 7AM - 9AM	Lap Swim 7AM - 4:45PM	Lap Swim 7AM - 4:45PM	Lap Swim 7AM - 4:45PM	Lap Swim 7AM - 4:45PM	Lap Swim 7AM - 4:45PM	Lap Swim 7AM - 9:15AM	Lap Swim 7AM - 9:15AM	Lap Swim 7AM - 9:15AM	7:00 AM
8:00 AM							AQUALOGIX 9:15AM - 10:15AM			8:00 AM
9:00 AM							AQUALOGIX 9:15AM - 10:15AM			9:00 AM
10:00 AM	Open Plunge 9AM - 4:45PM (Slide will turn on at 9AM; Toys structure will turn on at 11AM)	Lap Swim 7AM - 4:45PM	Lap Swim 7AM - 4:45PM	Lap Swim 7AM - 4:45PM	Lap Swim 7AM - 4:45PM	Lap Swim 7AM - 4:45PM	Lap Swim 10:15AM - 4:45PM	Lap Swim 10:15AM - 4:45PM	Lap Swim 10:15AM - 4:45PM	10:00 AM
11:00 AM										11:00 AM
12:00 PM										12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM										3:00 PM
4:00 PM	4:00 PM									
5:00 PM										5:00 PM
6:00 PM										6:00 PM
7:00 PM										7:00 PM
8:00 PM										8:00 PM

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