

MURRAY CITY PARKS AND RECREATION

2026 NEW YEAR HEALTH CHALLENGE

JAN 19 - FEB 27

\$10 RESIDENTS

\$15 NON-RESIDENTS

**PARTICIPATION IN PROGRAM INCLUDED FOR
PARK CENTER MEMBERS / MURRAY CITY
EMPLOYEES - SIGN UP TODAY**

WEEKLY WEIGH-INS

**CREATE HEALTHY
HABITS**

MOTIVATION

**JOIN OUR FITNESS
CLASSES**

EARN PRIZES

**EXERCISE AT THE PARK CENTER BEFORE OR
AFTER WEEKLY EDUCATIONAL CLASSES**

REGISTER NOW

www.mcreg.com
(special events)

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