

# MURRAY CITY PARKS AND RECREATION

# 2026 NEW YEAR HEALTH CHALLENGE

JAN 19 - FEB 27

**\$10** RESIDENTS

**\$15** NON-RESIDENTS

PARTICIPATION IN PROGRAM INCLUDED FOR  
PARK CENTER MEMBERS / MURRAY CITY  
EMPLOYEES - SIGN UP TODAY

WEEKLY WEIGH-INS

CREATE HEALTHY  
HABITS

MOTIVATION

JOIN OUR FITNESS  
CLASSES

EARN PRIZES

EXERCISE AT THE PARK CENTER BEFORE OR  
AFTER WEEKLY EDUCATIONAL CLASSES

**REGISTER NOW**

[www.mcreg.com](http://www.mcreg.com)  
(special events)

Coordinator: Joe Gourley

[jgourley@murray.utah.gov](mailto:jgourley@murray.utah.gov)

