

SUNDAY

The Park Center Aquatics Schedule

SUNDAY

Time	Leisure Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM										5:00 AM
6:00 AM										6:00 AM
7:00 AM										7:00 AM
8:00 AM										8:00 AM
9:00 AM										9:00 AM
10:00 AM										10:00 AM
11:00 AM										11:00 AM
12:00 PM										12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM										3:00 PM
4:00 PM										4:00 PM
5:00 PM										5:00 PM
6:00 PM										6:00 PM
7:00 PM										7:00 PM
8:00 PM										8:00 PM
9:00 PM										9:00 PM
10:00 PM										10:00 PM

FACILITY CLOSED

LAP SWIMMING ETIQUETTE

Note: Our pools are for multiple uses. Activities including: Aqua Fit, Swim Teams, Groups, Rentals, and Lessons may restrict lane availability. When limited lap lanes are available, lanes must be shared with other lap swimmers. If two or more swimmers share a lane, circle swimming must be used.

PLEASE NOTE

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You may be asked to move/change/share lanes to better accomidate pool programming.

MONDAY

The Park Center Aquatics Schedule

MONDAY

Time	Leisure Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM										5:00 AM
6:00 AM	Adult Only Time 6:45AM - 10AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	6:00 AM
7:00 AM		Murray High School Swim Practice "A" Day's 7:00AM - 8:00AM								7:00 AM
8:00 AM								Lap Swim 8AM - 8:45AM	Lap Swim 8AM - 8:45AM	Lap Swim 8AM - 8:45AM
9:00 AM							DEEP Aqua Fit 8:45AM - 9:45AM			9:00 AM
10:00 AM	Open Plunge 10AM - 7:45AM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 9:45AM - 2:30PM	Lap Swim 9:45AM - 2:30PM	Lap Swim 9:45AM - 2:30PM	10:00 AM
11:00 AM										11:00 AM
12:00 PM										12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM										3:00 PM
4:00 PM		Murray High School Swim Practice 2:30 PM - 4PM								4:00 PM
5:00 PM		MAC Bronze; 4:00PM - 5:00PM OR 5:00PM - 6:00PM Silver; 4:30 PM - 5:45PM Gold; 4:30PM - 6:00PM								5:00 PM
6:00 PM										6:00 PM
7:00 PM		Pre-MAC; 6:00PM - 6:45PM	Youth Polo 14U - 6:00PM - 7:30PM							7:00 PM
8:00 PM		Lap Swim 7:00PM - 7:45PM								8:00 PM
9:00 PM										9:00 PM
10:00 PM										10:00 PM

LAP SWIMMING ETIQUETTE

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TUESDAY

The Park Center Aquatics Schedule

TUESDAY

Time	Leisure Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM										5:00 AM
6:00 AM	Adult Only Time 6:45AM - 10AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	6:00 AM
7:00 AM		Murray High School Swim Practice "A" Day's 7:00AM - 8:00AM								7:00 AM
8:00 AM										8:00 AM
9:00 AM										9:00 AM
10:00 AM	Open Plunge 10AM - 7:45AM									10:00 AM
11:00 AM		Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	11:00 AM
12:00 PM										12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM		Murray High School Swim Practice 2:30 PM - 4PM								3:00 PM
4:00 PM		MAC Silver; 4:30 PM - 5:45PM Gold; 4:30PM - 6:00PM								4:00 PM
5:00 PM		Youth Polo 12U - 5:15PM - 6:30PM								5:00 PM
6:00 PM										6:00 PM
7:00 PM		Lap Swim 6:00PM - 7:45PM	Lap Swim 6:00PM - 7:45PM	Lap Swim 6:30PM - 7:45PM	Lap Swim 6:30PM - 7:45PM	Lap Swim 6:30PM - 7:45PM	DEEP Aqua Fit 6:45PM - 7:45PM			7:00 PM
8:00 PM									8:00 PM	
9:00 PM									9:00 PM	
10:00 PM									10:00 PM	

LAP SWIMMING ETIQUETTE

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WEDNESDAY

The Park Center Aquatics Schedule

WEDNESDAY

Time	Leisure Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM										5:00 AM
6:00 AM	Adult Only Time 6:45AM - 10AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	6:00 AM
7:00 AM		Murray High School Swim Practice "A" Day's 7:00AM - 8:00AM								7:00 AM
8:00 AM								Lap Swim 8AM - 8:45AM	Lap Swim 8AM - 8:45AM	Lap Swim 8AM - 8:45AM
9:00 AM							DEEP Aqua Fit 8:45AM - 9:45AM			9:00 AM
10:00 AM	Open Plunge 10AM - 7:45AM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 9:45AM - 2:30PM	Lap Swim 9:45AM - 2:30PM	Lap Swim 9:45AM - 2:30PM	10:00 AM
11:00 AM										11:00 AM
12:00 PM										12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM										3:00 PM
4:00 PM		Murray High School Swim Practice 2:30 PM - 4PM								4:00 PM
5:00 PM		MAC Bronze; 4:00PM - 5:00PM OR 5:00PM - 6:00PM Silver; 4:30 PM - 5:45PM Gold; 4:30PM - 6:00PM								5:00 PM
6:00 PM										6:00 PM
7:00 PM		Pre-MAC; 6:00PM - 6:45PM	Youth Polo 14U - 6:00PM - 7:30PM							7:00 PM
8:00 PM		Lap Swim 7:00PM - 7:45PM								8:00 PM
9:00 PM										9:00 PM
10:00 PM										10:00 PM

LAP SWIMMING ETIQUETTE

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THURSDAY

The Park Center Aquatics Schedule

THURSDAY

Time	Leisure Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM										5:00 AM
6:00 AM	Adult Only Time 6:45AM - 10AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	6:00 AM
7:00 AM		Murray High School Swim Practice "A" Day's 7:00AM - 8:00AM								7:00 AM
8:00 AM										8:00 AM
9:00 AM										9:00 AM
10:00 AM	Open Plunge 10AM - 7:45AM									10:00 AM
11:00 AM		Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	11:00 AM
12:00 PM										12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM		Murray High School Swim Practice 2:30 PM - 4PM								3:00 PM
4:00 PM		MAC Silver; 4:30 PM - 5:45PM Gold; 4:30PM - 6:00PM								4:00 PM
5:00 PM		Youth Polo 12U - 5:15PM - 6:30PM								5:00 PM
6:00 PM										6:00 PM
7:00 PM		Lap Swim 6:00PM - 7:45PM	Lap Swim 6:00PM - 7:45PM	Lap Swim 6:30PM - 7:45PM	Lap Swim 6:30PM - 7:45PM	Lap Swim 6:30PM - 7:45PM	DEEP Aqua Fit 6:45PM - 7:45PM			7:00 PM
8:00 PM									8:00 PM	
9:00 PM										9:00 PM
10:00 PM										10:00 PM

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FRIDAY

The Park Center Aquatics Schedule

FRIDAY

Time	Leisure Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM										5:00 AM
6:00 AM	Adult Only Time 6:45AM - 10:00AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	Lap Swim 6AM - 7AM	6:00 AM
7:00 AM		Murray High School Swim Practice "A" Day's 7:00AM - 8:00AM								7:00 AM
8:00 AM								Lap Swim 8AM - 8:45AM	Lap Swim 8AM - 8:45AM	Lap Swim 8AM - 8:45AM
9:00 AM							DEEP Aqua Fit 8:45AM - 9:45AM			9:00 AM
10:00 AM	Open Plunge 10:00AM - 7:45AM									10:00 AM
11:00 AM		Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM	Lap Swim 8:00AM - 2:30PM				11:00 AM
12:00 PM							Lap Swim 9:45AM - 2:30PM	Lap Swim 9:45AM - 2:30PM	Lap Swim 9:45AM - 2:30PM	12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM			Murray High School Swim Practice 2:30 PM - 4PM							
4:00 PM										4:00 PM
5:00 PM		MAC Bronze; 4:00PM - 5:00PM OR 5:00PM - 6:00PM Silver; 4:30 PM - 5:45PM Gold; 4:30PM - 6:00PM								5:00 PM
6:00 PM										6:00 PM
7:00 PM		Pre-MAC; 6:00PM - 6:45PM	Youth Polo 14U - 6:00PM - 7:30PM							7:00 PM
8:00 PM		Lap Swim 7:00PM - 7:45PM								8:00 PM
9:00 PM										9:00 PM
10:00 PM										10:00 PM

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SATURDAY

The Park Center Aquatics Schedule

SATURDAY

Time	Leisure Pool	Competition Pool								Time
		Lane 1	Lane 2	Lane 3	Lane 4	Lane 5	Lane 6	Lane 7	Lane 8	
5:00 AM										5:00 AM
6:00 AM										6:00 AM
7:00 AM	Open Plunge 7:00AM - 11:45AM	Lap Swim 7:00AM - 11:45AM	7:00 AM							
8:00 AM										
9:00 AM										
10:00 AM										
11:00 AM										
12:00 PM										12:00 PM
1:00 PM										1:00 PM
2:00 PM										2:00 PM
3:00 PM										3:00 PM
4:00 PM										4:00 PM
5:00 PM										5:00 PM
6:00 PM										6:00 PM
7:00 PM										7:00 PM
8:00 PM										8:00 PM
9:00 PM										9:00 PM
10:00 PM										10:00 PM

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