



# Thursday, July 4, 2019

## MURRAY PARK WEST END

CHECK IN 7:00 AM	RUN 8:00 AM	KIDS RACE 9:00 AM	
EARLY BIRD REGISTRATION To June 14 \$20	REGISTRATION JUNE 15-28 \$25	USAT&F BY JUNE 14 \$18	KIDS RACE BY JUNE 28 \$10

Register Online: [www.mcreg.com](http://www.mcreg.com)

### USAT&F CERTIFIED AND LDR ROAD RACE CIRCUIT

- T-shirts for all participants. Food and great prizes!
- Cash awards to top 3 M/F
- Cash awards to top 3 Master M/F
- Awards to top 3 in each age groups M/F

**Registration Form** Mail to: 296 E. Murray Park Ave,  
Murray, UTAH 84107

Name \_\_\_\_\_  
 Address \_\_\_\_\_  
 City/Zip \_\_\_\_\_  
 Phone \_\_\_\_\_ Cell \_\_\_\_\_  
 Email \_\_\_\_\_  
 Gender \_\_\_\_\_ Age \_\_\_\_\_ USAT&F# \_\_\_\_\_

**Division: (Please Circle your division)**

11 & Under, 12-14, 15-18, 19-24, 25-29, 30-34, 35-39, 40-44,  
 45-49, 50-54, 55-59, 60-64, 65-69, 70-74, 75-79, 80-84,  
 Clydesdale (Men over 220 .lbs), Athena (Women over 160 .lbs)

**Kids Race: Please Circle** 4-6 year Olds, 7-9 year Olds

**T-shirt Size: Please Circle**

Youth X-Small    Youth Medium    Youth Large    Youth XL  
 Adult Small    Adult Medium    Adult Large    Adult XL  
 Adult XXL    Adult XXXL    Adult XXXXL

**Release and Waiver (Please Read)**

I know running is a potentially hazardous activity. I should not enter and run unless I am medically able to an properly trained. I also know that, although police protection might be provided, there could be traffic on the course route; therefore I assume the risk of running in traffic. I also assume any other risks associated with running this event including, but not limited to, falls, contact with other participants, and the effects of weather and conditions on the road. I understand I am solely responsible for my own safety while traveling to and from or participating in this event.

Knowing these facts and in consideration of your acceptance of my entry, I hereby for myself, my heirs, executors, administrators, or anyone else who might sue on my behalf covenant not to sue, and waive, release, and discharge the sponsors or contributors to this event, any race officials, volunteers, the city and police agencies, their representatives, successors, or assignees form any and all claims of liability for death, personal injury, or property damage of any kind or nature whatsoever arising out of, in the course of my participation.

This release form and waiver extends to all claims of every kind or nature whatsoever, foreseen and unforeseen, known and unknown. The undersigned further grants full permission to use any photographs, videotapes, motion pictures, recordings, or an other record of the event for any purpose. Minors will be accepted with a parent's signature.

Parent's Signature \_\_\_\_\_

Date \_\_\_\_\_

